

WEEK 1 MENU

w/c-



	Monday	Tuesday	Wednesday	Thursday	Friday
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	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
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	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN 1	Sausage & Onion Gravy	Spaghetti Bolognaise	Roast Chicken	Macaroni Cheese 	Oven Baked Fish Finger
Main 2	Quorn Sausage & Gravy	Vegetable Quesadilla	Roasted Quorn Fillet & Gravy	Shepherdess Pie	Cheese or Tuna Wrap
Carbohydrates	Mashed Potato	Warm Lemon Cous-Cous	Roasted Potatoes	Half Jacket Potato	Oven Baked Chips
Vegetables	Garden Peas	Sweetcorn	Fresh Glazed Carrots Savoy Cabbage	Broccoli Mixed Salad	Garden Peas Baked Beans Mixed Salad
Desserts	Chocolate and Kale Brownie Selection of Yoghurts	Honey Krispie Cake Selection of Yoghurts	Peach Crumble and Ice Cream Selection of Yoghurts	Apple Shortbread Fresh Fruit Wedges Selection of Yoghurts	Mango Frozen Yoghurt Selection of Fruit Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



Working together

WEEK 2 MENU

w/c -



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Sticky Honey Glazed Chicken Thigh	Wholemeal Cheese & Tomato Pizza	Chicken Biryani,	Oven Baked Katsu Style Chicken Curry	Oven Baked Fish Fingers
Main 2	Vegan Meatballs 	Roasted Vegetable Lasagne 	Vegetarian Sausages	Quorn Sausage Pattie Burger	Cheese Quiche
Carbohydrates	Spaghetti	Garlic Bread	Roasted Potatoes or Boiled Rice	Boiled White Rice	Oven Baked Chips
Vegetables	Roasted Vegetables Mixed Salad	Coleslaw	Garden Peas	Broccoli Florets	Garden Peas Baked Beans
Desserts	Watermelon Selection of Yoghurts	Apple Crumble and Custard Selection of Yoghurts	Chocolate Sponge & Chocolate Sauce Selection of Yoghurts	Freshly Made Vanilla Cookie Selection of Yoghurts	Bananas and Custard Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Vegetarian Vegan Organic

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Working together

WEEK 3 MENU

w/c -



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Mild Chicken Tikka	Freshly Made Burger in a Bun	Spicy Chicken Pizza	Macaromi Cheese	Oven Baked Fish Fingers
Main 2	Potato and Chick Pea Curry	Southern Baked Quorn Burger, Bun & Salad	Cheese and Tomato Pizza	Roasted Vegetable Wholemeal Pasta Bake	Quorn Dippers
Carbohydrates	Braised Rice	Half Jacket Potato	Spicy Wedges	Garlic and Parsley Bread or Penne Pasta	Oven Baked Chips
Vegetables	Sweetcorn	Broccoli Florets	Coleslaw	Garden Peas	Garden Peas Baked Beans
Desserts	Fresh Oat and Lemon Cookie Selection of Yoghurts	Raspberry Jelly Selection of Yoghurts	Chocolate Bread & Butter Pudding Selection of Yoghurts	Apple & Sultana Crumble & Ice Cream Selection of Yoghurts	Frozen Mango Sorbet Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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